What is claimed is:

- 1. A method of diagnosing ICD in a subject, comprising quantifying a polynucleotide encoding a cytokine selected from the group consisting of IL-4 and IL-8 in cells isolated from the subject, wherein the amount IL-4 or IL-8 is indicative of ICD.
- 2. The method of claim 1, wherein the polynucleotide is detected by PCR.
- 3. The method of claim 1, wherein the polynucleotide is detected by hybridization with a polynucleotide probe.
- 4. The method of claim 1, wherein the polynucleotide is detected by RNase protection assay.
- 5. The method of claim 1, wherein the cells are skin cells.
- 6. The method of claim 1, wherein the subject is a mammal.
- 7. The method of claim 6, wherein the mammal is a human.